

ehcw offers a variety of services at the following locations within the community:

OFFICE SITES

Head Office:

2350 Finch Ave. W., Unit D, Toronto, ON
M9M 2C7

Phone: 416-663-2978
Fax: 416-479-0898

Satellite Office:

133 Fieldstone Dr., Vaughan, ON
L4L 0A1

Phone: 905-747-1515
Fax: 905-747-1510

APARTMENT SITES

Edgeley Apartments

35 Shoreham Dr., Toronto, ON

Northwood Apartments

3680 Keele St., Toronto, ON

Toronto Police, 31 Division

40 Norfinch Dr., Toronto, ON

Vellore Village Community Centre

1 Villa Royale Ave., Vaughan, ON



**Elsbeth Heyworth
Centre for Women**

Opportunity Lives



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Centre for Women**

Opportunity Lives

Our Mission:

Empowering immigrant and newcomer women, seniors and families through advocacy and services focused on promoting healthy families, community relationships and economic self-sufficiency.

2350 Finch Avenue West
Unit D
Toronto, ON M9M 2C7

Phone: 416-663-2978
Fax: 416-479-0898
Email: info@ehcw.ca

www.ehcw.ca

Settlement Services

ehcw offers a variety of settlement services to assist immigrant, refugee women and their families to adapt to living in Canada.

The services include:

- Individual and Group counselling
- Citizenship Application
- Subsidized Housing Application
- Child Care Subsidy Application
- Family Sponsorship
- Permanent Resident Card
- Passport Renewals
- Child Tax Benefit
- Work Permit
- Refugee Claims
- Social Insurance Card
- OHIP
- Support for victims of domestic violence
- Financial Literacy Program

For more information please contact:

Susmita Vaidya
Settlement Counsellor
Phone: 416-663-2978
Email: susmita@ehcw.ca

ehcw accepts volunteers and student placements throughout the year to assist with our programs, services and special events.

Employment Services

ehcw's employment services offer various programs that provide effective training for our clients and prepare them for the workforce.

The services include:

- Individual and Group counselling
- Resume and Cover letter writing
- Job search training
- Interview skills
- Mock interviews
- Workshops & Information sessions

For more information please contact:

Lourdes R. Balce
Employment Coordinator
Phone: 416-663-2978
Email: lourdes@ehcw.ca

Clothing & Food Services

ehcw receives clothing donations which are provided by Windfall and food donations from North York Harvest Food Bank and Vaughan Food Bank.

For more information contact:

Samra Hafeez
Senior Program Coordinator
Phone: 416-663-2978
Email: samra@ehcw.ca

Senior's Services

ehcw has senior's programs that are specifically designed to enable senior citizens to live a socially active and healthy lifestyle.

Programs offered for seniors

include:

- Computer Classes
- Health Promotion
- Dance
- Yoga Classes
- Games (Bingo, Cards, Board Games)
- Workshops
- Gardening (Vaughan)
- Trips to various locations
- Healthy Diet—Cook and Eat Together!
- Arts and Craft

For more information contact:

Samra Hafeez
Senior Program Coordinator
Phone: 416-663-2978
Email: samra@ehcw.ca

More information for Vaughan programs please contact:

Minal Kulkarni
Program Coordinator
Phone: 416-747-1515
Email: minal@ehcw.ca

All services and programs are free and are available to women and families!